KNOWLEDGE ASSESSMENT OF CATHETER CARE POLICY
A general medical surgical unit (A) at a large local hospital implemented an evidenced based best practice policy for catheter care in January 2014.

Certified Nursing Assistants (CNA’s) were not formally trained on this new policy.
RESEARCH QUESTION

Are CNA’s on Unit A implementing the new catheter care policy correctly?
OBJECTIVES

- Determine if current catheter care policy is best practice
- Identify CNA’s knowledge on catheter care policy
- Provide training for all CNA’s on catheter care
- Evaluate CNA’s knowledge of catheter care following training
METHODS

- Review literature to determine if new policy is currently best practice
- Educate CNA’s on catheter care using poster board and pelvic model demonstrations
- Evaluate CNA’s knowledge of catheter care by using anonymous pre and post tests during training
RESULTS

- 91% of CNA’s participated in catheter care training
- 10% scored 100% on pre-test
- 90% scored 100% on post-test
- CNA’s unfamiliar with medical terminology in policy
Pre and Post Test Results

Number of correct answers

n=10

- Empty foley bag
- Bag placement
- Complications
- Catheter care
- Proper positioning
- S/S of UTIs
- Overall knowledge

Pre-test vs Post-test Correct
DISCUSSION

- Review of literature found policy to be best practice
- Majority of CNA’s were unfamiliar with medical terminology in catheter care policy (dorsal recumbent, supine, proximal, distal and meatus)
- Teaching methods for educating CNA’s on catheter care were highly effective
- Majority of CNA’s expressed concern about coverage of patients during training
RECOMMENDATIONS

- Provide in-service education for all new CNA’s on catheter care per policy in a distract free environment
- Clarify medical terminology for CNA’s in current and future policies
- Monitor CNA implementation of catheter care policy annually
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REFERENCES


