



Fluidics: Easy, Simple Water Tracking

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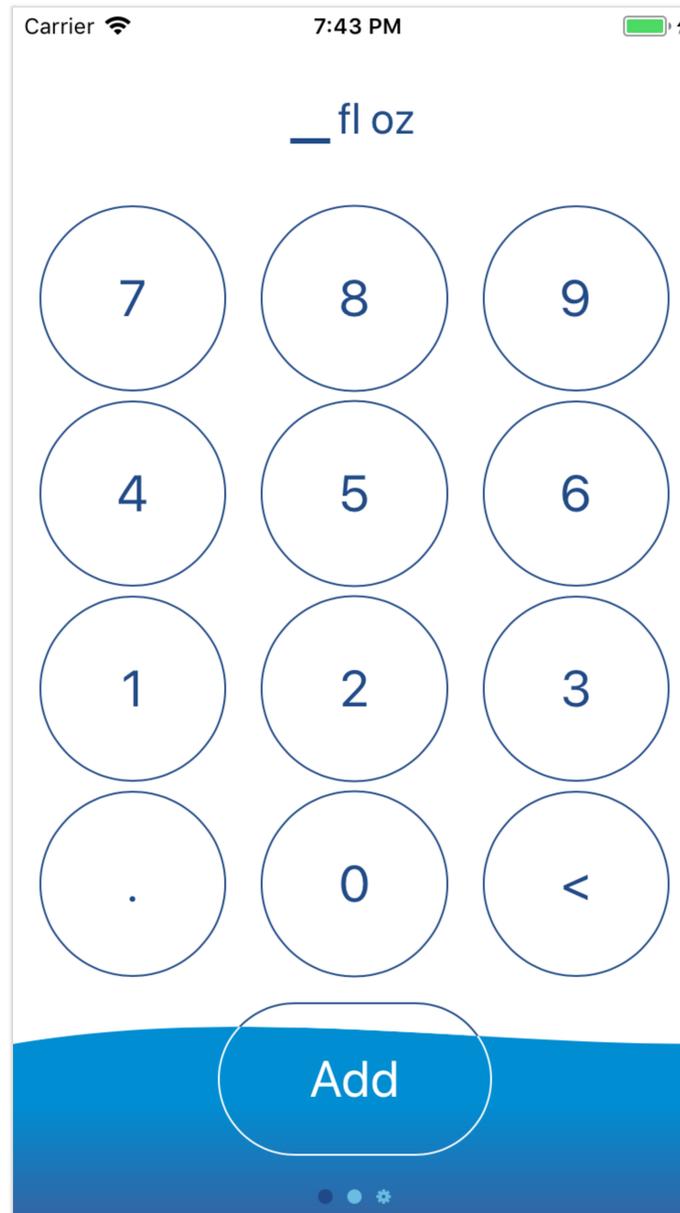
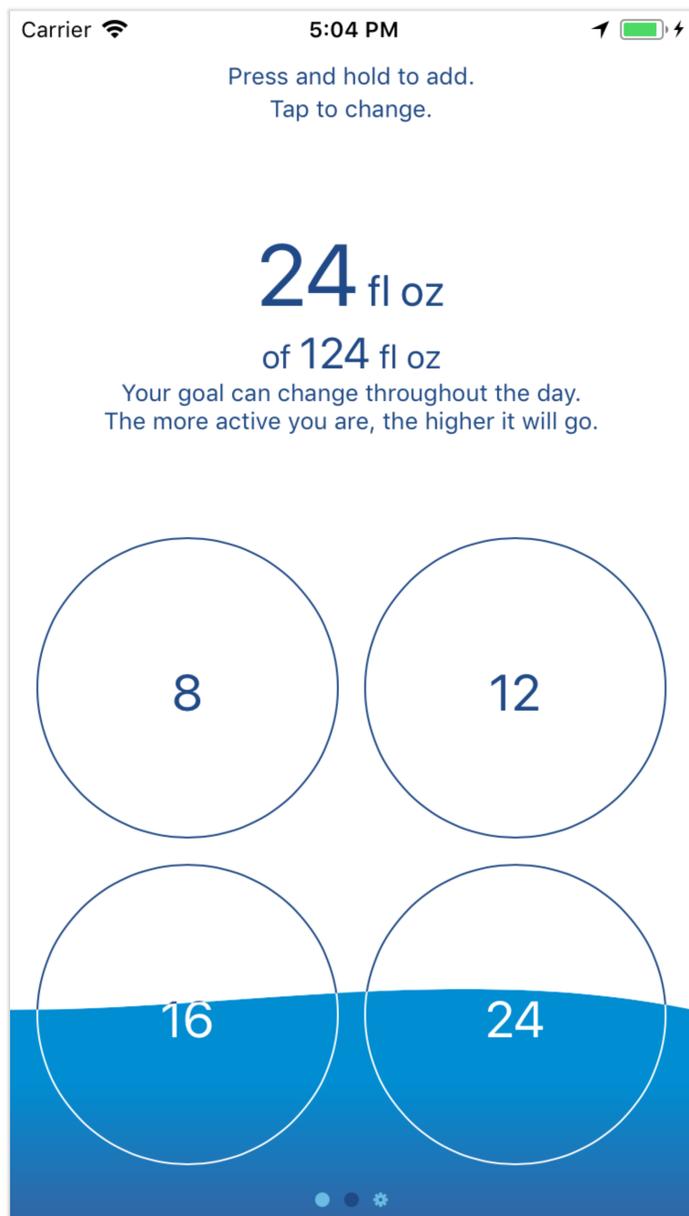
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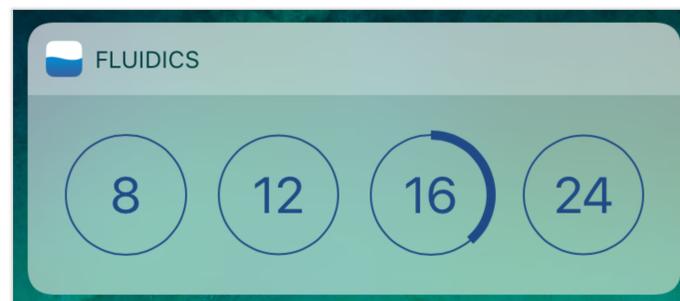


Introduction

Water tracking should be quick and painless. You shouldn't have to worry about killing a digital tree if you don't drink enough, or how much more water you need to drink following a workout! Fluidics provides a dead-simple approach to water tracking: As you drink more water, the app will fill up with water—just like your body—showing you how much more water you should drink to reach your daily goal. Your daily goal will automatically change based on your activity on any given day, adjusting to your life without you having to give it any thought.



Quickly log water without even opening the app, thanks to the easily-accessible widget. If you change the Quick Add options (by tapping on them in the main screen of the app), the widget changes too, staying in sync with your water habits.



Technical Information

Fluidics uses Apple Health to securely store all health data. When the app is first opened, it guides users through the process of connecting it to Apple Health. It *requires* access to the `water` datatype, and becomes more functional with (read-only) access to further data types. These data are used to increase the accuracy of the daily goal.

If users opted to only connect the `water` data, they can use the Settings page to connect to other data types later. The page also allows them to switch between imperial and metric units, and provides access to the privacy policy and on-screen help.

