

**KNOWLEDGE
ASSESSMENT OF
CATHETER CARE
POLICY**

BACKGROUND

- A general medical surgical unit (A) at a large local hospital implemented an evidenced based best practice policy for catheter care in January 2014
- Certified Nursing Assistants (CNA's) were not formally trained on this new policy



RESEARCH QUESTION

- Are CNA's on Unit A implementing the new catheter care policy correctly?



OBJECTIVES

- Determine if current catheter care policy is best practice
- Identify CNA's knowledge on catheter care policy
- Provide training for all CNA's on catheter care
- Evaluate CNA's knowledge of catheter care following training

METHODS

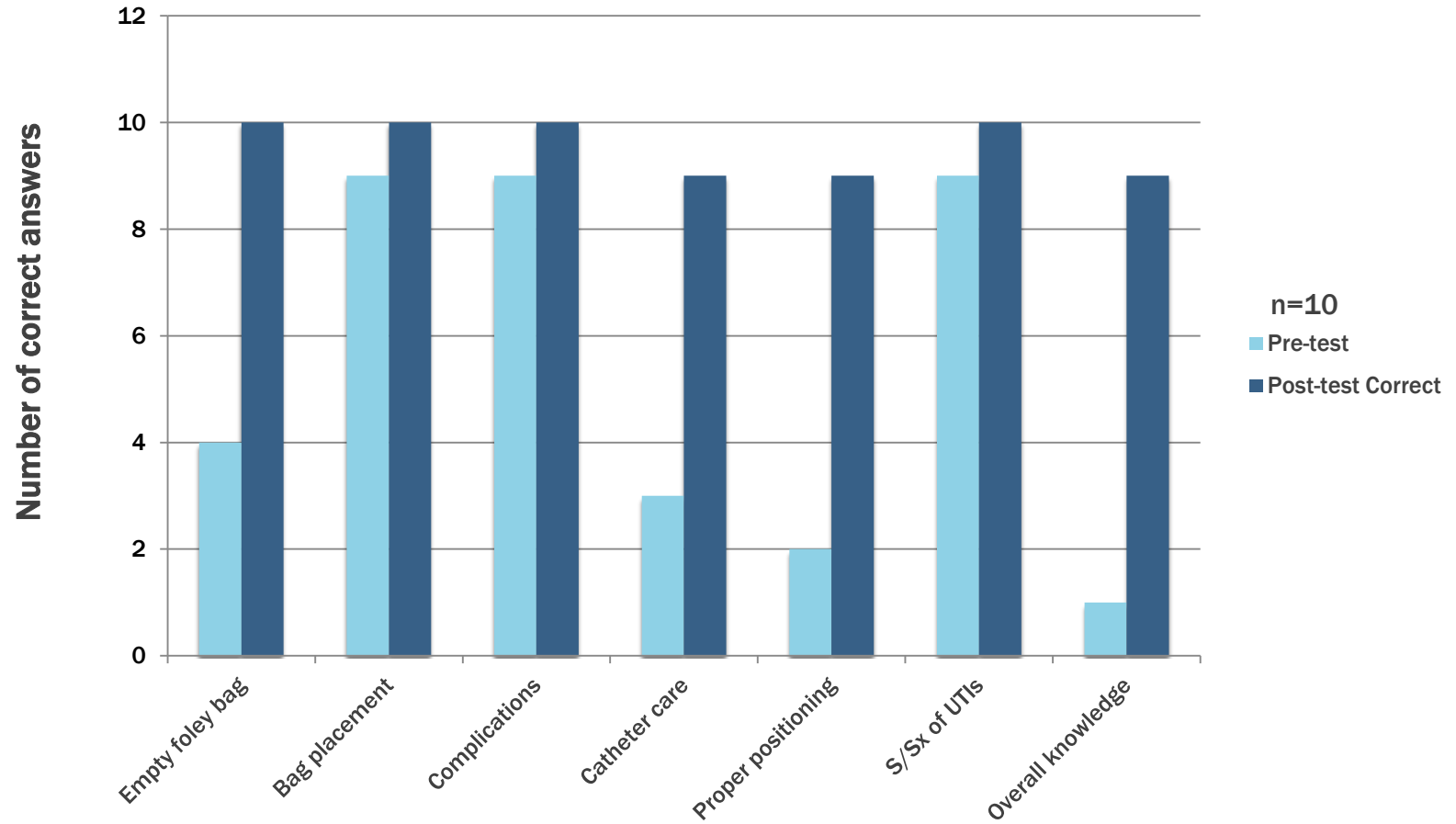
- Review literature to determine if new policy is currently best practice
- Educate CNA's on catheter care using poster board and pelvic model demonstrations
- Evaluate CNA's knowledge of catheter care by using anonymous pre and post tests during training



RESULTS

- 91% of CNA's participated in catheter care training
- 10% scored 100% on pre-test
- 90% scored 100% on post-test
- CNA's unfamiliar with medical terminology in policy

Pre and Post Test Results



DISCUSSION

- Review of literature found policy to be best practice
- Majority of CNA's were unfamiliar with medical terminology in catheter care policy (dorsal recumbent, supine, proximal, distal and meatus)
- Teaching methods for educating CNA's on catheter care were highly effective
- Majority of CNA's expressed concern about coverage of patients during training

RECOMMENDATIONS

- Provide in-service education for all new CNA's on catheter care per policy in a distract free environment
- Clarify medical terminology for CNA's in current and future policies
- Monitor CNA implementation of catheter care policy annually

AUTHORS

- Jessica Brandt, LGSN
- India Hubbard, LGSN
- Cristiane Krohn, LGSN
- Hannah Langley, LGSN



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