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## Interview from Australia

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November 4, 2018

### Interview from Australia

I interviewed my friend Bianca Nicholls who is from Australia at the beginning of October. We originally did a video but it was almost an hour long so I had to condense it here. Bianca and I had spent a lot of time together over the four months I was there so I have more information than just the interview for this question. She, as well as the general Australian, was very involved socially. They were more open to being in group and helping other people out. As a culture they were also nice to everyone. Bianca's life norms weren't exceptionally different than someone from back home, but they do have different shopping places and habits than I am used to. For instance, you will usually go several times a week there while back home people try to go only once a week. Morally, everyone seemed to follow basic guidelines but there were many different religions in one place. However, if someone ever did something another person didn't like you would definitely hear about it. Other than speaking their mind, they are very laid back in their daily life unlike back home where everything is go go go. I learned that Australia really is a mix of American and British culture. The part that surprised me most however was how the majority of shops close down by 4 pm so people can go home and make dinner with their families. This was very different from where I am from here, where non-food establishments stay open till at least 9 pm. They greatly value relationships and community. They are also much more active than the average American. Physical activity is a part of their daily life, whether it's by walking places, exercising, or playing games with friends. I have always been told that Australia was a mix of America and Great Britain. After being there I see that it is very true. They have absolutely no political correctness, and will tell you exactly what they think. It was very interesting hearing what they thought about our politics, as most of the time it was not what I expected. I was also shocked to see how much another major country is affected by American culture and media. It was eye opening for how we are influential around the world. I also enjoyed their

more laidback lifestyle because in America we almost value being busy. It has been a great experience to get to know different people and how they live.