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'Cat Tracks

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Athletes honored in Hall of Fame

Eight former athletes were inducted into the Linfield Athletics Hall of Fame Saturday, Nov. 9, at the annual AT&T Hall of Fame banquet. The Hall of Fame class of 2013 includes:

Marci (Warnecke) Cammann '98, three-time track and field All-American who set school records in the long jump and heptathlon, won three Northwest Conference titles and was named 1998 Female Athlete of the Year;

Dawn Cartwright '90, four-time first-team all-conference volleyball player who led the Wildcats to the 1989 NWC championship;

Scott Hilgenberg '85, three-time NWC baseball all-star and the Wildcats' most valuable player in 1983, when he

led Linfield to conference and district championships;

Gary McGarvie '93 set rushing records while leading the Wildcats to the 1992 NAIA football title game, and was a member of the 1992 track team, setting a school record in the 4x100 relay;

David Russell '02 led Linfield to a 10-1 record and the 2002 NWC championship and set or equaled 10 school and Northwest records on his way to first team All-American honors;

Mark Siegner '86, a member of three national championship football teams, ranks eighth all-time in unassisted tackles, and NAIA All-American;

Garry Killgore, retired cross country and track and field coach,

current professor of health and human performance, 12-time NWC Coach of the Year, mentored six individual national champions, coached 70 NAIA and NCAA All-Americans during 22 seasons;

Wes Suan '78, former head tennis coach and an assistant football coach who also has coached football at the University of Hawaii and Southern Methodist University.

Record-setting run

Greg Mitchell '95 didn't just settle for cake and presents for his 40th birthday – he now holds the American Masters record in the 20,000 meters. Mitchell, associate cross country coach and accomplished runner, decided to do something special for his birthday. So he hit the track and beat the record by more than three minutes.

"It didn't cross my mind until a couple of months ago that I would ever be an American record holder," said Mitchell, a two-time Northwest Conference champion in the 10,000 meters as a Wildcat.

With nearly 200 friends and family members in attendance, Mitchell realized his goal. The event brought together people from the many facets of Mitchell's life, including family, friends, fellow runners, the Linfield and McMinnville communities and the Upward Bound program. Much of his excitement about the event revolved around witnessing his various "life groups" interact with each other.

To formally apply for the record, Mitchell needed to comply with USA Track & Field standards. This included recruiting enough runners to field a team of five, at least three of whom needed to finish the race; sanctioning the event through USA Track & Field, which required paperwork and a fee; organizing the presence of three certified officials; and setting up automated timing and photo finish systems. Mitchell called upon running buddies including Chris McIsaac '10 and Cameron Chester '13 as pacers and fellow competitors. He also enlisted the help coach of Travis Olson '98 to handle logistical elements.

The record does not officially belong to Mitchell yet; that status is contingent upon a vote by the USA Track & Field staff at a scheduled meeting later this year. While he awaits the final word, Mitchell expects to keep busy. In addition to assisting with the Linfield

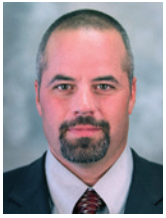


Greg Mitchell '95, center, didn't want an ordinary 40th birthday celebration. Mitchell, associate cross country coach and an accomplished runner, broke the American Masters record in the 20,000 meters. Helping him achieve his goal were from left, Chris McIsaac '10, Cameron Chester '13, Mitchell, Brant Lutz and Ben Zywicki.

cross country program, as he has done for the past seven years, he participated in the USA Masters Marathon Championships Oct. 6 in Minneapolis and St. Paul, Minn.

"This was a neat experience," Mitchell said of the record-setting performance, which ranks high among his long list of running achievements, including a top-35 effort at the 2010 Boston Marathon, two NWC championships and two runner-up finishes in the 10,000 meters and five national championship meet appearances. "It wasn't just about me having a good time. I think people enjoyed watching, were excited about the record, and had a good time hanging out."

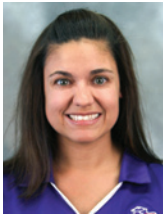
– Katherine Brackmann



Duey, Hickman join athletic training staff

Diagnosis and treatment of athlete injuries is under new supervision this fall.

Duane Duey, head certified athletic trainer, replaces Tara Lepp, Linfield's top trainer for 31 years. Lepp, who has scaled back to teach part time, will also serve as a medical missionary for Open Arms International in Kenya.



Duey will guide the treatment and prevention of athlete injuries, assisted by Katie Hickman, who will also lead classes. Laura Kenow and Greg Hill '97 continue to direct the Athletic Training Education Program curriculum.

Duey served 11 years as an associate athletic trainer for the football program at Portland State University, the last three as the head athletic trainer for football. He also completed athletic training stints at Willamette University, Lewis & Clark College and the Portland Forest Dragons arena football team. He received a bachelor's degree in physical education and interdisciplinary studies from Western Oregon University.

Hickman earned a bachelor's degree in human physiology and psychology from the University

of Oregon and a master's degree in athletic training at Bridgewater State.

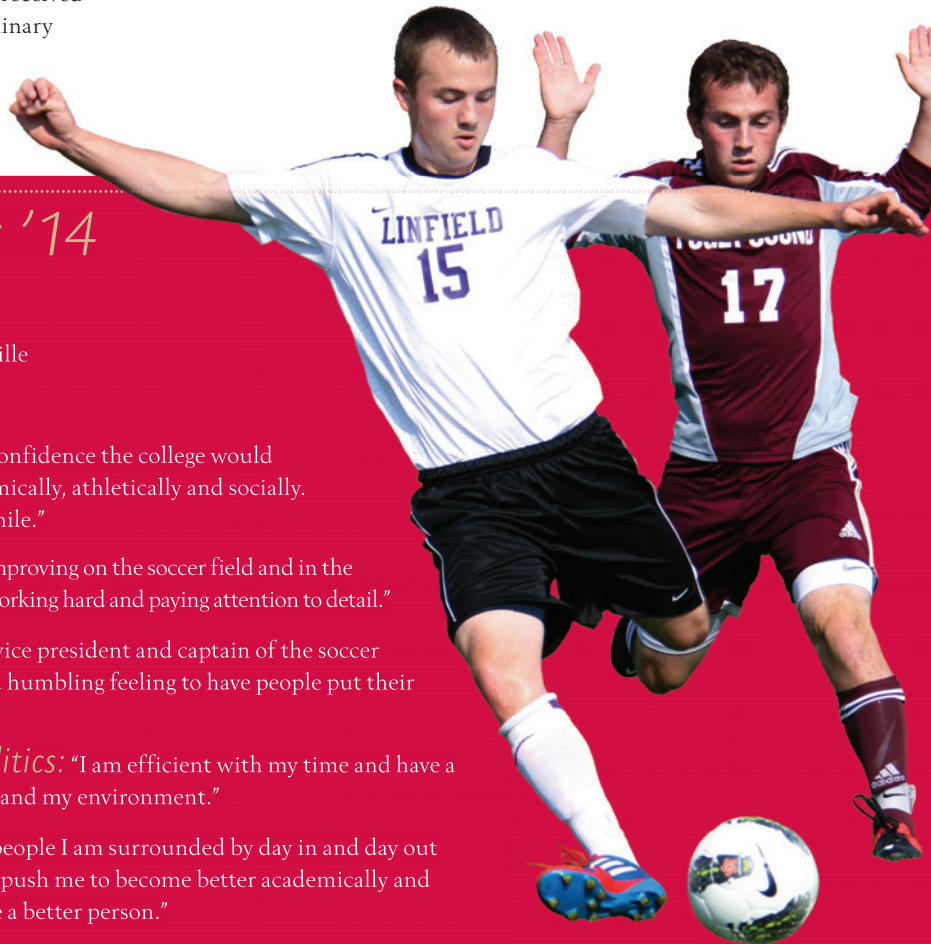
Macy-Baker takes women's tennis helm



Lisa Macy-Baker, a former McMinnville High School athlete and accomplished tennis coach, was named Linfield women's tennis coach and NCAA compliance officer. She replaces Amy Dames Smith, who accepted a position at Concordia University.

Macy-Baker assumes leadership of one of the top women's tennis programs in the Northwest Conference, with six NWC titles and three appearances in the NCAA Division III regional playoffs in 10 years.

She coached girls' tennis and taught special education at McMinnville High School. She holds a bachelor's degree in general science from Oregon State University and a master's degree in special education from Portland State University.



Jake Baker '14

Sport: Soccer

Hometown: McMinnville

Major: Political science

Why Linfield: "I had confidence the college would address all my needs academically, athletically and socially. It has proven to be worthwhile."

Goals for senior year: "If I am continuously improving on the soccer field and in the classroom, then I will be happy and that comes down to working hard and paying attention to detail."

Favorite achievement: "Being elected ASLC vice president and captain of the soccer team are my biggest accomplishments. It is a great and humbling feeling to have people put their confidence in you."

Balancing athletics, academics and politics: "I am efficient with my time and have a desire to work hard and continuously improve myself and my environment."

Favorite aspect of Linfield: "The different people I am surrounded by day in and day out – professors, fellow students and administrators who push me to become better academically and athletically. More important, they push me to become a better person."

Advice for student athletes: "Never take a second off. Whether it is on the field or in the classroom, hard work is not something you can just pick up overnight. Push yourself and test your limits, but don't forget to enjoy life and enjoy the end results of your hard work."