
2010 Kemper Internships

Kemper Internships

Spring 2010

AQx Sports

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Kemper Internship spring 2010

Jeremy Lovell



Structure of Topics

- About Me
- About AQx
- Internship
 - Website
 - Clinic
 - QuickBooks
- Skills learned and used
- Conclusion

- About Me
- About AQx
- What I did
 - Website
 - Clinic
 - QuickBooks
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About Me

- Finance Major
- Track and Field
- I have been involved and have used the AQx product for four years

- About Me
- About AQx
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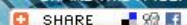
INTELLIGENT TRAINING: JUST ADD WATER

- Uniquely connecting land and water for optimal performance
- "The mission of AQx Sports is to provide innovative and educational training, conditioning, and rehabilitation opportunities through the use of scientifically-sound and experimentally-proven aquatic methods and products."

Products



- About AQx
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• Launch of new website

- FAQ's
- Testimonials



UNIQUELY
CONNECTING
LAND & WATER
FOR OPTIMAL
PERFORMANCE

AQX EVENTS

All AQX Upcoming Events

LATEST NEWS

Customer Spotlight: Jill Epsilantis
Linfield Faculty & Staff AQX Class
Trainer Spotlight: Heidi Meyer-Spidell
2 New Year Workouts
All AQX News

TESTIMONIALS

"Being in the water with these shoes, I was amazed at the quality of my workout without all the pounding on my legs."

Scott Brosius
Former New York Yankees All-Star
1998 World Series MVP
1999 Gold Glove Winner
[View more Testimonials](#)

see the
AQx Zero G Flotation Suits
& Aquatic Training Shoes
in action

[View Gallery](#)

AQx Sports Official Video

0:00 / 0:55



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Clinic

- Staff and Faculty
- 8 week water training program
 - Composed of deep and shallow water exercises
- Circuit style format



Challenges

- Creating a circuit that fits the needs of the individuals
- Inventory shortage
- Adjust for injuries



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QuickBooks

- Switched over to run the financial figures for the company
 - Breaks down all financial transactions
- Learned the basics of what it can do and how it is used

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Skills I learned and used

- Leadership skills
- Organizational skills

- Strength Finder Assessment
 - Consistency
 - Harmony
 - Adaptability
 - Positivity
 - Relator

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Garry Killgore,
founder of AQx
Sports

