



Spring 2009

## Lutheran Community Services Northwest

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# Lutheran Community Services Northwest

Internship, Spring 2009

Katy Fein

# LCS: Regional

- Oregon, Idaho, Washington
- [Lutheran Community Services Northwest](#)

# LCS: Yamhill County

- Programs offered:
  - Counseling, VIP, anger management, parenting, psychiatric assessments, counseling in local schools
- Clients served
- Employees
- Intern program





# First Impressions

## ■ Internships

- My expectations for myself and LCS
- How I found myself with LCS
- What they expected of me
- Working with adult men



## ■ Abuse

- Aware of issue, but not of the depth and intricacies of it



# Abuse in the U.S.

- One in four women (25%) has experienced domestic violence in her lifetime.

(The Centers for Disease Control and Prevention and The National Institute of Justice, Extent, Nature, and Consequences of Intimate Partner Violence, July 2000. The Commonwealth Fund, Health Concerns Across a Woman's Lifespan: 1998 Survey of Women's Health, 1999)

- In a national survey of American families, 50% of the men who frequently assaulted their wives also frequently abused their children.

(Strauss, Murray A, Gelles, Richard J., and Smith, Christine. 1990. Physical Violence in American Families; Risk Factors and Adaptations to Violence in 8,145 Families. New Brunswick: Transaction Publishers)



# Abuse in Oregon

- At least 1 in 10 **Oregon** women between the ages of 20-55 (more than 85,000 women) have been physically or sexually assaulted by a current or former intimate partner in the preceding five years.  
Children witnessed 33% of those assaults.

(Oregon Women's Health and Safety Survey, 2004 Oregon Department of Human Services Office of Disease Prevention and Epidemiology Injury Prevention and Epidemiology Section Intimate Partner Violence (IPV) Data Collection Project)



# Men's Violence Intervention Program

- Function of group
- Reasons men are in group:
  - Abuse to partner or kids
  - Court mandated
  - Voluntary
- My first experience
- Where I am now



# Women's Violence Intervention Program

- Functions of group
- Reasons women are in group:
  - Abuse to kids, partner, defense
  - Court mandated, DHS, voluntary
  - “Secondary Offenders”
- Similarities
- Difference



# Parenting Class

- “The Incredible Years”
- Reasons parents are in the class
- My personal experience
  - What I learned
  - Applying the information
- Top 5: Praise 10:1, Play, Choices,  
1-2-3 Magic, Purposeful Time Outs





# Other Projects

- Office time

- Mailings
- Collections
- Filing
- Organizing

- Resume

- Individual

- Community Resource Directory
- OCE Play Therapy Request
- Assignments for dropping “No Contact Orders” and parents getting kids back
- Preparing grants

# Sociology Major

- Soc. of Deviance
- Self & Society
- Social Theory



- Hands-On Experience and exposure to domestic violence
- Kemper Program



# Closing Thoughts

- Change in myself, my communication, relationships, perspective on life
- New skills
- View of internships
- New knowledge of social work and non profits
- Classroom → Life
- Where I go from here...

*Lutheran Community Services*

N O R T H W E S T

*Health ■ Justice ■ Hope*